

Lucent Career Center

Landmark Building
80 Merrimack St.
Haverhill, MA 01830
(978) 722-7000

CENTER HOURS

Monday - Friday:
8:00 AM - 4:30 PM
Saturday:
8:30 AM - 12:30 PM

www.Valleyworks.cc/lucent.htm

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LUCENT SURVEY UPDATE

Nearly 75 people responded to the survey sent out last month by the Lucent Career Center. The survey was conducted to gather input from former Lucent workers as to how he or she felt the Lucent Center could help them obtain full time employment. Many respondents offered ideas for new workshops aimed at improving skills for expediting re-entry into the workforce. We will be looking closely at all of the creative ideas submitted via the survey.

As promised, the Center would like to announce the winners of the eight \$25 gift certificates to Market Basket. The winners are: Mary Lou Beausolieu, Teresa Budrewicz, Jerry Costello, Kenneth Demers, Karleen Howard, Joseph Kanan, Frank Powers and Dennis Walsh.

Thanks to everyone who responded to the survey with their valuable ideas about workshops and job development strategies.

The Lucent Career Center is an Equal Opportunity Program. Auxillary aids and services are available upon request to individuals with disabilities. TDD/TTY (ValleyWorks - Haverhill) : (978) 469-7859

Lucent Career Center

March, 2005 Edition

Lucent Career Center All-Star: Bonnie Stupak



Bonnie Stupak is finally getting closure.

After 18 years as an administrative assistant and material management analyst at Lucent, Bonnie is now getting the chance to do what she always wanted to do: pursue a career in the medical field. After enrolling with the Lucent Career Center in April, 2004, she joined a Medical Assistant Program at Seacoast Career School in Manchester, NH and is set to graduate this month.

"I took two years of medical technology coursework in college, but found the field didn't pay that well," she said of her pre-Lucent days.

Her education and experience helped her skip two courses at Seacoast, getting her that much closer to her ultimate goal. The Nashua resident is presently finishing up an externship at Dartmouth Hitchcock Medical Center in Nashua, NH, and has a good chance of being hired there after graduation. If she isn't though, it won't be a problem; she's been using the Lucent Career Center — taking most of the offered workshops, attending job fairs and working closely with Career Services Advisor Dianne MacKenzie — to enhance her skills and increase her chances of landing just the right position.

Ultimately, she hopes to assist with surgeries, but no matter where her new career takes her, we know Bonnie will finally be fulfilling her lifelong ambitions.

Slowly But Surely, Region Economy Rebounding; Employers Hiring Again

The Lucent Career Center Job Developers are reporting that while the Massachusetts economy is lagging behind the rest of the nation in its recovery from the recent recession, there is good news in that Massachusetts employers are starting to hire.

The hiring process for most companies is very competitive, but our staff have been able to establish relationships with companies like Lockheed Martin, Macom, BAE Systems and many other firms in Massachusetts and New Hampshire.

For more information on employment opportunities with these and other companies, please consult Lucent Job Developers Frank Quinlan and Mark Barson.

Explore Careers in Dentistry

Ever thought about a career in dentistry? Join us at the ValleyWorks Career Center - Lawrence on Thursday, March 24 from 2 pm - 4 pm, for a forum about the dental industry. Learn more about dental hygienist and dental assistant positions, as well as educational and training opportunities in the field.

Speakers from the Massachusetts Dental Assistant Association, Massachusetts Dental Hygienist Association and the Dental Assistant Program at Northern Essex Community College will be discussing the field and answering your questions.

For more information or to register to attend the forum, contact a Lucent Career Service Advisor today!

The Lucent Career Center is a workforce development project of the ValleyWorks Career Center (VWCC). Funded by a Department of Labor National Emergency Grant and obtained through a partnership with the Merrimack Valley Workforce Investment Board (MVWIB), the Division of Career Services and the Department of Training and Development, the Lucent Career Center is equipped and operated to provide comprehensive services specifically for displaced employees of Lucent Technologies, Inc.

March 2005 Lucent Workshop Calendar

You must have a **Lucent** membership (no cost) and register to access workshops. Please visit the **Lucent Career Center** to do this.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1. Comprehensive Job Search 9:30 am – 12:00 pm	2. Resume Writing Workshop 9:30 am – 12:00 pm	3. Lucent Career Center ORIENTATION 9:30 am – 11:00 am Cover Letters Workshop * 1:30 pm – 3:30 pm	4. Making Maturity Work For You 1:30 pm – 4:00 pm
7. Testing 9:00 am – 10:00 am Individual Resume Critique ** 1:00 pm – 3:00 pm	8. Interviewing Techniques Workshop 1:30 pm – 4:00 pm	9. Lucent Career Center ORIENTATION 9:30 am – 11:00 am Piecing the Puzzle Together 1:00 pm – 3:30 pm	10. Individual Resume Critique ** 1:30 pm – 3:30 pm	11. Life After Lucent: Make a Plan to Re-ignite Career Goals 9:30 am – 12:00 pm
14. Testing 9:00 am – 10:00 am Individual Resume Critique ** 1:00 pm – 3:00 pm	15. Lucent Career Center NETWORKING CLUB 1:00 pm – 3:00 pm	16. Resume Writing Workshop 1:00 pm – 3:30 pm	17. Comprehensive Job Search 9:30 am – 12:00 pm Lucent Career Center ORIENTATION 1:30 pm – 3:00 pm	18. Cover Letters Workshop * 1:30 pm – 3:30 pm
21. Testing 9:00 am – 10:00 am Individual Resume Critique ** 1:00 pm – 3:00 pm	22. Interviewing Techniques Workshop 9:30 am – 12:00 pm Lucent Career Center ORIENTATION 1:30 pm – 3:00 pm	23. Labor Market Information 9:30 am – 12:00 pm	24. Individual Resume Critique ** 9:00 am – 11:00 am Lucent Career Center ORIENTATION 1:30 pm – 3:00 pm	25. Life After Lucent: Make a Plan to Re-ignite Career Goals 1:00 pm – 3:30 pm
28. Testing 9:00 am – 10:00 am Individual Resume Critique ** 1:00 pm – 3:00 pm	29. Making Maturity Work For You 9:30 am – 12:00 pm	30. Individual Resume Critique ** 9:00 am – 11:00 am	31. Lucent Career Center ORIENTATION 9:30 am – 11:00 am Comprehensive Job Search 1:00 pm – 3:30 pm	

* Bring a job ad to class
** Prerequisite: Attend a Resume Writing workshop first

WORKSHOP DESCRIPTIONS

NOTE: All Lucent workshops are free.

Resume Writing

Write a resume that stands out from the crowd. Whether you have a resume or have never written one before, you'll learn how to create a resume that makes you the candidate employers want to interview. Learn tips and techniques to writing a resume that passes the "10 to 30 second" screening.

Cover Letters

Yes, you do need one. Learn what employers will be looking for in a cover letter to make them want to read your resume. Create a great cover letter so your resume gets read. **Prerequisite:** *Bring a job ad to workshop.*

Interviewing Techniques

Learn how to prepare for an interview to build your confidence and success. Includes self assessment tools to identify your strongest skills and qualities. Prepare to communicate these in an interview. You'll be able to answer the 10 trickiest interview questions and sell yourself as the candidate the employer wants to hire.

Comprehensive Job Search

Gain an understanding of the numerous job search techniques and resources that can be used in order to conduct a complete job search.

Labor Market Information

You will leave this workshop with a basic understanding of how to research Labor Market Information as it pertains to your career. You will also learn the critical emerging industries which can lead to new job opportunities.

Making Maturity Work for You

Identify age barriers to job searching. You will also learn how to make age an advantage, develop your interview strategies and eliminate age barriers from your job search.

Piecing the Puzzle Together

If your job has gone overseas or if you wish it would do so, this workshop may be the one for you. If you are considering a career change, this 5 step process will enhance your career development to assure you a more successful transition.

Networking Club

If you don't know about the power of networking, you'll miss out on the vast majority of job leads. The *Wall Street Journal* reported that 94% of successful job seekers claimed that networking had made all the difference for them. At the Network Club you'll learn and apply tips for networking while getting and giving support of other job seekers. The weekly networking club will help you stay focused, positive and motivated.

Self Directed Job Search

A self administered, self scored & self interpreted assessment tool used in career exploration. The target population for this workshop is customers who are interested in confirming their career direction. You will be given a list of occupations that reflect your career interests and abilities.

Individual Resume Critique* (by appt. only)

Polish your resume with an individual resume critique. These half-hour individualized sessions in an opportunity for a one on one final edit and proof reading of your resume.